

Dear Parents/Carers,

Welcome to our weekly newsletter.

### Curriculum news

Year 5 enjoyed a fun packed day at Herstmonceux science centre on Wednesday. The children took part in workshops learning more about Space as a part of their science topic. Then the children investigated all of the interactive exhibitions, focussing on light, sound, gravity and friction amongst other things.

A memorable day had by all.



### Diversity and Inclusion curriculum

At our recent INSET day on Monday, we were inspired by a guest speaker, Andrew Moffat who delivered an informative training session on how we can enhance our diversity and inclusion provision within the school and community. He covered topics such as the Equality Act, protected characteristics, British Values, as well as sharing books and assemblies that can help our children understand inclusion and the diverse society we live in. We have begun planning our next steps and will keep you informed of future developments via the newsletter and website.

### Sports news



#### Badminton

A huge congratulations to Eva G and India, who were our only team representing the school at the badminton competition. They won all of their games against three other teams and won the overall competition with a total of 11 points. Well done!

#### Frisbee

A group of children from year 4 & 5 joined other schools at Millais to have a taster session of Ultimate Frisbee. Although new to most of the children, their willingness to have a go was brilliant and this showed in how much their skills improved over the morning. All were surprised at how energetic the sport is but thoroughly enjoyed the morning.



### Parent Consultations

Just a reminder that the spring term consultation meetings take place next week (Tues 4<sup>th</sup> & Thurs 6<sup>th</sup> March). This is an opportunity to meet your child's teacher and discuss their learning and progress and there are still a few appointments left. Thank you to everyone who has signed up so far and we look forward to seeing you at these meetings. **A reminder that Key Stage 2 pupils finish slightly earlier at 3pm both days.**



### **Safeguarding**

#### **Online safety**

Manipulative marketing in games - do you and your child know how to spot persuasive digital marketing tactics in apps and games? Check out this free learning [module](#) to learn how to support and protect your family.

#### **Playground safety**

Please do not your child to use the adventure trail, monkey bars or any playground equipment before or after school, thank you.

#### **Thinking Garden News and request**

Since our last update, we have quite a few people to thank for their recent help on the garden. We would like to thank **Covers Building Merchants**, who offered us a very generous discount on the sleepers we bought to edge the banks. During half-term, up to 30 volunteers from **Horsham Green Gym** came in to lay the sleepers in the Thinking Garden. They also cleared the raised beds and cut back a lot of overgrowth in the conservation area. As you can see from the photos below, they did a fantastic job and we are very grateful for their support. We would also like to thank **Gary Marlow from Woods for Learning** for his help and advice on the day.

#### **Wood Chip Request**

We now desperately need bark/wood chippings to cover the pathway in the garden. We cannot afford to buy chippings to cover the whole area, so are ideally looking for donations. Please let me know if you are able to help. Thanks,

*Dawn Filson eagles@holbrookprimaryschool.com*



## Free Family Learning virtual sessions – raising teens

For Holbrook families with older siblings, the Family Learning team at West Sussex County Council are running free, virtual sessions on raising teens. The aim of these sessions is to help parents/carers understand the teenage brain, and offer guidance on how to communicate with their teens and foster a positive home environment.

There are 2 options available:

### Raising Teens: An Introduction to the Teenage Brain

This is a 90-minute session on Tuesday 4 March, 19:45 - 21:15, running virtually. This introductory session will focus on developing positive communication between parents, carers, and teenagers. You'll walk away with practical strategies for improving communication and overcoming common challenges you may be facing. To find out more and register, please click [here](#).

### Raising Teens: Navigating the Teenage Mind

This 4-week course begins on the 11 March with 90-minute sessions running virtually, in the evening. Whilst on this course, you'll gain a deeper understanding of teenage brain development and how it influences behaviour, communication, and relationships. We'll dive into the key emotional, social, and developmental needs of teenagers, and explore what happens when those needs aren't met, leading to shifts in behaviour. To find out more and register, please click [here](#).

## Picture News

This week's topic for discussion is 'Is it important to feel proud of where you come from?' – see below.



## In the news this week

The Times newspaper recently asked young people, aged between 18 and 27 (also known as 'Gen Z'), what they thought about their lives and life in the UK. The survey showed lots of views, including that 4 out of 10 young people are proud to be British, and around half feel that people in the UK are accepting and welcoming towards others.

### Things to talk about at home ...

- Share your response to this week's news. Are you proud of where you are from? Share your response with an adult at home, and ask them the same question.
- Can you think of some ways people might show they are proud of their heritage and where they are from?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



CHARTWELLS ORDER CUT OFF DATES	
CUT OFF DATE Thursday 23:59	FOR WEEK COMMENCING
6 <sup>th</sup> March	17 <sup>th</sup> March
13 <sup>th</sup> March	24 <sup>th</sup> March
20 <sup>th</sup> March	31 <sup>st</sup> March
10 <sup>th</sup> April	21 <sup>st</sup> April

Diary Dates (new additions in bold)	
Tuesday 4 <sup>th</sup> March	Parent Consultations
Thursday 6 <sup>th</sup> March	Fire Service visit Y2
Thursday 6 <sup>th</sup> March	Parent Consultations
Friday 7 <sup>th</sup> March	<u>Holbrook</u> World Book Day
Wednesday 26 <sup>th</sup> March	Y6 trip to Amberley Museum
Wednesday 26 <sup>th</sup> March	Parent Workshop- Helping your child manage big emotions.
Friday 4 <sup>th</sup> April	Last day of term

Have a lovely weekend.

Kind regards,



Ian Holmes  
Headteacher