

Dear Parents/Carers

Welcome to our weekly newsletter.

Remembrance DAY



Curriculum news

Royal British Legion visit

Year 5 and 6 had a visit from Neil Perriton and Eve White from the Royal British Legion last week. The children learnt about why Remembrance Day is so important and even got to wear some army uniform and handle some war artefacts



Remembrance Day

Today we held a special assembly to commemorate

Remembrance Day with some wonderful poetry about war, as well as a song that paid tribute to those who gave their lives in past wars. A group of Year 6 pupils also attended the ceremony at the Carfax, where they laid a wreath on behalf of Holbrook school. To see a snapshot of what went on, please have a look at our remembrance video [here](#).



Girls Football

Here are some photos of our girls in action inspired by the recent success of the Lionesses at this year's Euros competition.



Parent Consultations

It has been great to see so many parents and carers at this week's consultation evenings, strengthening the partnerships that already exist which are key to children's learning and well-being. For those families that were unable to attend this week, we will be offering a follow-up phone call.



Anti-Bullying Week

Next week is Anti-Bullying week and this year's theme is Reach Out. The week will kick off with **Odd Socks Day** on Monday 14th November, where adults and children wear odd socks to celebrate what makes us all unique. Also, on Monday we will have a special assembly led by our Anti-Bullying Ambassadors. During the week, the children will be involved in other activities and learning around this theme. We were proud to be awarded the Silver United Against Bullying Award recently for our work to prevent and deal with bullying in our school. Our updated Anti-Bullying policy can be found on the school website [here](#).

Safeguarding

A few children have been left unattended before and after school recently. A reminder that the school doors open at 8:35am and the gates a few minutes before. We finish at 3:00pm (EYFS & KS1) and 3:10pm. Please ensure that children are supervised outside of these times (and not playing on or with any equipment) to avoid accidents and unnecessary distress. Thank you.

World Cup Finals this weekend



As you may have seen, England Men have made it to the T20 Cricket World Cup Final and England Women are in the Rugby World Cup Final this weekend. Both matches are being broadcast on terrestrial TV and free to watch. It's not often that cricket is broadcast on free to air tv, especially a



World Cup Final, so if you have a moment, please do allow your children to watch some. We hope that events like this inspire the next generation to pick up a bat & ball or rugby ball. *Mrs Wright PE Lead*

Free Mental Health Support Courses for Children and Young People in West Sussex

Funding continues for two courses to support children and young people and help them face mental health challenges during uncertain times.

Online Parenting Through Difficult Times – is a three week course designed to help parents and carers of children of all ages achieve a sense of calm and safety and to give their children and young people tools for managing their big feelings (includes private online group and individual support).

Girls' Net - A six-week journey for girls equipping them for times of challenge and change. This course is made up of six 1¼ hour sessions in a small group of same-age girls guided by a fully trained Girls' Net mentor. In between the sessions, girls will have access to an interactive notebook online to prompt further exploration of each week's topic. Girls' Net is currently held online for girls grouped by age (8-18 years). By the end of the course, the girls not only have some practical tools for managing their emotions, but they've also had the experience of shared support. **To access a free place on one of the courses, parents can apply online by emailing ukadmin@ritesforgirls.co.uk or calling 07762 792277.** Kim McCabe, the founder and director of Rites for Girls, has an [informative website](#) that you may also like to take a look at.

Picture News

This week's topic for discussion is **rescue pets** – see below.



Should more be done to help rescue pets?

In the news this week

Animal rescue groups in countries around the world are seeing a jump in the number of animals being brought to their shelters, as household finances are squeezed. One of the main causes is thought to be the cost of living crisis, which has meant many different costs have increased. This includes pet food ingredients such as meat, grains, and micronutrients, all of which have become more expensive in recent months. The BBC reports that, 'The cost of pet food is up by 8.8% in the European Union, and 8.4% in the UK.'

Things to talk about at home ...

- Do you know anyone who has rescued an animal from a shelter? What do you think are some of the reasons people choose to do this?
- Is there an animal shelter near where you live? What do you know about it?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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DIARY DATES

Monday 14 th November	Odd socks day (start of anti-bullying week)
Tuesday 22 nd November	Y4 Trip to Fishbourne Roman Palace
Thursday 24th November	Book Fair
Friday 25 th November	Y5 trip to Newhaven Fort
Tuesday 6 th December	Y1/2 Nativity to Y1 Parents
Wednesday 7 th December	KS2 Carol Concert at St. Mary's church
Thursday 8 th December	Y1/2 Nativity to Y2 Parents
Friday 9 th December	Christmas assemblies at St. Marks church
Tuesday 13 th December	EYFS Nativity to Parents
Wednesday 14 th December	Christmas Lunch
Friday 16 th December	Last day of the Autumn term
Spring 2023	
Tuesday 3 rd January	First day of the Spring term
Tuesday 10th January	Y3 Trip to Butser Ancient Farm
Monday 16th January	Parent Workshop-Sensory Processing Differences
Friday 20th January	Young Voices at the O2
Monday 20th February	INSET Day- School closed for pupils

Have a lovely weekend

Kind regards,



Ian Holmes