

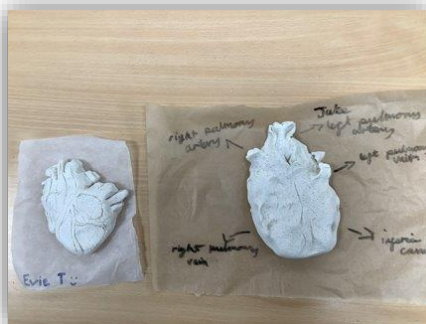
Dear Parents/Carers

Welcome to our weekly newsletter.

Curriculum news

Year 6 Science learning

As part of their Science learning, Year 6 pupils investigated the structure of pig hearts (as they are similar to human hearts) and created 3D models using salt dough.



Year 4 Yoga

Year 4 have started a unit of yoga with Inner Child Yoga School this term. They started with coordination work last week and this week's theme has been strength.



Today our Choir are taking part in the Young Voices concert at the O2 in London – look out for a report in next week's newsletter.

RSPB Birdwatch

The RSPB are holding their annual Garden Birdwatch event between January 27th - 29th. Families are encouraged to see how many different types of birds they can spot in their garden or park and to send their findings to the RSPB. This helps the RSPB monitor the rise or decline of different species of birds. More details are below of how you can get involved. Children will also get an opportunity to do a bit of bird-spotting at school too. We will let you know what we discover in a future newsletter!



<https://www.rspb.org.uk/get-involved/activities/birdwatch/everything-you-need-to-know-about-big-garden-birdwatch/>

Safeguarding

West Sussex Single Point of Access

The [West Sussex Single Point of Access](#) (SPoA) is a dedicated service which provides a simplified single route to access specialist emotional wellbeing and mental health support. The SPoA helps direct you to the right service, eliminating the need to refer to multiple services.



SPoA accepts referrals for children and young people from the age of 4 up to a young person's 18th birthday. The young person must also be registered with a West Sussex GP. Anyone can make a referral including: children, young people, parents, carers, families, GPs and other professionals. All Autistic Spectrum Condition (ASC) and ADHD (neurodevelopmental) referrals need to continue via the current referral pathways. If there is a mental health or emotional wellbeing concern separate to this, the young person can be referred to SPoA. Referrals for young people with eating disorders, including Anorexia Nervosa and Bulimia Nervosa, need to continue directly to Sussex Family Eating Disorder Service (SFEDS).

Eco- Committee Pre Loved clothes Sale



The Eco-Committee is planning a second hand 'pop-up' clothes sale and we need your help! If your child has any outgrown / unwanted clothes that they no longer want, please donate them for our sale. The collection point is outside the school office on 2nd and 3rd February.

Please can any items be washed beforehand. They must not have stains, holes or broken bits. No school uniform- this can be donated to FOH directly. Thank you.

New Hot Meal Ordering System

A reminder of the cut off dates for ordering your child's hot meal:

January Cut off Dates
Thursday 26/1 for w/c Monday 6/2
February Cut off Dates
Thursday 9/2 for w/c Monday 20/2
Thursday 16/2 for w/c Monday 27/2
Thursday 23/2 for w/c Monday 6/3

March Cut off Dates
Thursday 2/3 for w/c Monday 13/3
Thursday 9/3 for w/c Monday 20/3
Thursday 16/3 for w/c Monday 27/3

Picture News

This week's topic for discussion is 'Do we throw things away too easily?' – see below.




Do we throw things away too easily?

In the news this week

Many of us are increasingly reusing, repairing, and upcycling items, instead of throwing them away and replacing with new ones, according to experts. Upcycling shop, the Repair Café in Wales believes, that because of the cost of living crisis, people are making the most of what they already have. Throwaway culture has been the norm since the 1950s but now appears to be declining.

Things to talk about at home ...

- Do you think repair cafés are a good idea?
- If there were a repair café near you, would you use it? What types of things might you take?
- Do you have any repairing skills? Is it something you would like to learn?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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Diary Dates (New dates added in bold)

Spring 2023	
Tuesday 24 th January	FOH Book sale afterschool
Thursday 26 th January	FOH Book sale afterschool
Friday 10 th February	Forest School Roadshow to Year 5
Tuesday 7th February	Eco Committee Clothes sale
Monday 13 th February-Friday 17 th	Half Term
Monday 20 th February	INSET Day- School closed for pupils
Tuesday 28 th February	Parent Consultations
Thursday 2 nd March	Parent Consultations
Wednesday 8th March	Titanic Virtual Museum with Y4
Friday 3 rd March	Fire service to visit Y2
Wednesday 22 nd March	Y6 trip to Amberley Museum

Have a lovely weekend

Kind regards,



Ian Holmes