



FOOD IN SCHOOL POLICY

There are four main purposes to this policy:

- To establish an entitlement for all pupils
- To establish expectations for teachers of this subject
- To promote continuity and coherence across the school
- To state the school's approach to this subject in order to promote public, and particularly parents' and carers' understanding of the curriculum

This document is freely available to the entire school community.

Aim

To ensure that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to our school.

Background Information

At Holbrook Primary School we make use of the free school milk initiative before the age of five and we offer the service to be paid for after the children's fifth birthday. Also, across the Foundation Stage and Key Stage One we make use of the Government free fruit scheme.

Objectives (What do we want to achieve?)

- Review formal curriculum to ensure information relating to food and nutrition in different lesson areas is consistent and up-to-date.
- Run a health week in school that incorporates aspects of food. (Every two years)
- Run an after school cookery club
- Ensure that staff with responsibility for food have Basic Food Hygiene training.
- To make sure that children have access to drinking water throughout the school day.
- To ensure that parents have guidelines on appropriate food to provide their child for their lunch and snack.
- To ensure that 'at school' events a range of food is on offer to give the children and adults choice in what they eat.
- Promote the benefit of hot school lunches to pupils and staff.

Guidelines (How we are going to meet our objectives?)

Formal Curriculum:

Set up a cross-curricular curriculum map for food education across the school. The curriculum map will ensure coverage in all aspects of food education, i.e. healthy eating, preparing meals etc. Discuss with the School Council their ideas on what they would like included in their food education.

Health Week:

Use visitors etc. to promote healthy eating

Extra-Curricular:

Continue an after school cookery club. Make use of parental involvement.

CPD:

Send staff in charge of food on 1-day Basic Food Hygiene course.

Drinking Water:

Each child to be provided by their parents/carers with a water bottle for use in school. Water fountains are sited around the school, and drinking water taps in classrooms.

Lunch/Snacks

The school prospectus and starting school guide will give advice on what constitutes an appropriate and healthy snack/lunch.

Food Choices:

The relevant people, Friends and Holbrook and the School Council will be aware of the need to offer a range of food at school events.

Hot Meals:

Arrange food tasting sessions of hot meals and keep promoting this with new and established parents.

Monitoring and Evaluation (How do we know our objectives are being met?)

Formal curriculum: Staff to receive the curriculum map and use this to inform medium and short term planning.

Health Week: Display of photographs from the week, questions to the children

Extra-Curricular:

Club recipe book to be made

CPD

Staff in charge of food disseminates materials from training day to other teachers

Water

Each child will have a water bottle in their classroom

Lunch/Snacks

The school will monitor snacks and lunches eaten by the children

Food Choices

At school events a range of food will be on offer

Hot Meals

Monitoring of hot meal take up and pupils views on hot meals will be evaluated through the school council and through SEF (Section 4) monitoring.

Notes

- School is working towards Healthy School Standard
- This policy document was produced in consultation with the entire school community, including pupils, parents, school staff, Governors, LA representatives, school nurse and local Healthy School Standards representative.
- This school actively supports healthy eating throughout the school day.

Reviewed: Spring 2009

Governor Signature: **Date**

Next Review Due: